



Spiritual Formation

A Reading from Psalm 19, Exodus 20, and Matthew 5

1 - I am the Lord your God who delivers you. Thou shalt have no other god's before me.

2 - The law of the Lord is perfect, reviving the soul.
The statutes of the Lord are trustworthy, making wise the simple.

1 - Thou shalt not make any idol.

2 - The precepts of the Lord are right, giving joy to the heart.

3 - Blessed are the poor in Spirit... for theirs is the kingdom of heaven.

1 - Thou shalt not take the name of the Lord in vain.

3 - Blessed are those who mourn... for they will be comforted.

2 - The commands of the Lord are radiant, giving light to the eyes.

3 - Blessed are the meek... for they will inherit the earth.

1 - Thou shalt remember the Sabbath and keep it holy.

2 - The fear of the Lord is pure, enduring forever.
The ordinances of the Lord are sure and altogether righteous.

1 - Thou shalt honor your father and mother.

3 - Blessed are those who hunger and thirst for righteousness... for they will be filled.

1 - Thou shalt not kill.
Thou shalt not commit adultery.
Thou shalt not steal.

3 - Blessed are the merciful... for they will be shown mercy.
Blessed are the pure in heart... for they will see God.
Blessed are the peacemakers... for they will be called sons of God.

1 - Thou shalt not bear false witness against thy neighbor.
Thou shalt not covet.

3 - Blessed are those who are persecuted because of righteousness...
for theirs is the kingdom of heaven.

2 - They are more precious than gold, than much pure gold.
They are sweeter than honey, than honey from the comb.
By them is your servant warned; in keeping them there is great reward.