



# **We are singing, for the Lord is our light**

This short hymn-like chorus has a straightforward message that needs no exegesis or explanation. There it is, in clear and simple truth.

But there is something special about this song, something that waits for us in the singing of it. It is the rhythm's invitation to dance. You are singing because the Lord is your light? Good. Then dance. Let your whole body express the joy and tell the news. Dance.

Dance with a subtle leaning to the left and to the right. (Read that in the light of the gospel and current U.S. politics if you wish.) Dance in slow, rhythmic steps as if walking in the Light, as if on a journey. Dance as if your knees were constantly moving between bending before the Lord and stand up for His truth. Dance, exposing both your grace and your awkwardness. Confession is good for the soul. Let your body dance a dance of confession and vulnerability.

"Dance," urges the rhythm. Step into your faith and into your witness to that faith. Let the world see that our "walk" is different than theirs, because the Lord is the light that guides each step. Look back at how the Lord has been with you and led you to this point in your life. The steps look like dance steps; a personal, unique dance.

Look forward, then, with joy, with humble swagger, with the rhythm of the Creator of the universe pulsing through your every step.

We are singing, for the Lord is our light. Why are we not dancing?

Terry W. York

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